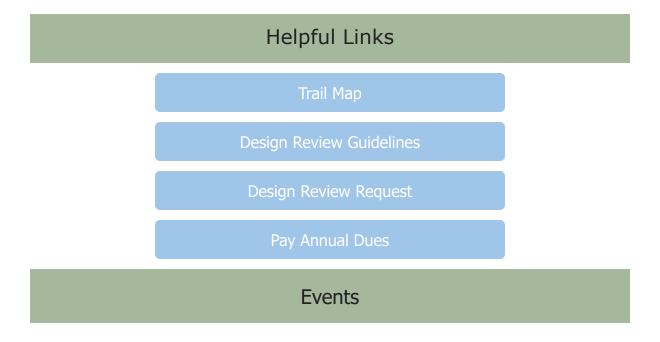


# The Preserve Pathways Newsletter

Issue 1/February 2025 click here to view online

# **Message from Scott:**

Greetings and welcome to our new Digital Newsletter! We are very excited to roll this out as it has been "in the works" for several months. We are now able to share an unlimited amount of information through links in our articles that if you're interested, will take you to expanded resources. Anytime you see a word or phrase <u>underlined</u> and in green, you can click it to be directed to additional information. For example, clicking on The Preserve Association will take you directly to our website. We will continue to print the newsletter, but unfortunately, the extended information will only be available in the digital format. To request the newsletter digitally, send an email to Cindy It is our great hope that we will be able to share far more information with you as we were very limited by space in the old format.





# **Preserve Winter Blast**

## Saturday, March 1st

### 1-4 pm

Start outside of The Preserve barn. Local resident, Carter Gilbert, will be teaching Classic Cross country skiing. Bring your cross-country skis and learn how to ski. (skis can also be rented at <a href="Hoigaard's">Hoigaard's</a>. There will be a Sauna- brought in from <a href="Hamel Nordic Group">Hamel Nordic Group</a> An outdoor Fire, hot chocolate and smores will be provided Outdoor Crafts Scavenger hunt Snow man contest Most of the activities we have planned can be done with or without snow. Watch for more information regarding the schedule closer to this event. Please RSVP so we can determine if we need to reserve time slots for the sauna. This event is FREE to attend.

RSVP



#### Tai Chi

# Thursday's, March 6-27 1-1:50 pm FREE

Why Tai Chi for Health?

- Improve balance- class will focus on fall prevention
- Improve overall wellness- ease pain/stiffness
- Improve performance and activities- like golf
- Incorporating the Tai Chi principles will enhance movement control, weight transference and integration of mind and body.

Contact **Cindy** for more information.

RSVF

# American Red Cross

#### **Red Cross Blood Drive**

#### Wednesday, April 23rd 1-7:00 pm

The Preserve will be holding a Red Cross Blood Drive in the Barn Wednesday, April 23rd from 1-7 pm. To sign up go to www.redcrossblood.org <u>Donate Blood</u>, enter zip code or The Preserve. There is always a need for donations.

# Mah Jongg- Instructor Needed

I have had a few residents interested in starting up Mahjong at The Preserve. We are looking for someone that can come and teach it at The Preserve. Please Contact <a href="Cindy">Cindy</a> for more information.



We would love to hear what you would like to see for events at The Preserve. Please fill out this survey. Thank you.

# Neighborhood Spotlight



# **Spot light on our neighborhoods**

Luminaries on Flyway Circle

Preserve Neighbors on Flyway Circle have always enjoyed getting together over the holidays. In 2020, Covid made it difficult to do so. One neighbor, Laura K, shared a tradition she grew up with and found a way to bring her neighbors together. Thanks to her, a new tradition was made. Each year the residents set up their own luminaries and meet on the street to visit and celebrate the holidays.

If you live in a neighborhood or have a neighbor that you feel is extra special we would love to hear about it!

# Reminders

**2025 Annual Dues**: Thank you to everyone that has made a payment for their annual dues. Payment is due by March 15<sup>th</sup>. Finance charges will be assessed each month until paid. Please contact The Preserve if you have any questions. Payments can be made on our website www.preserveassociation.com on the home page under annual dues or in our office with cash, check or credit card.

<u>Selling your home</u>: Contact The Preserve Office. The new homeowner must be provided a resale disclosure certificate as well as association documents prior to closing. Without it, the sale of your home could be delayed. If you are planning to sell your home, please let your agent know you are part of The Preserve Association and have them contact Cindy If you live in a town house or condo, you are part of two separate HOA's and both should be contacted by your realtor.

<u>Firewood</u>: We have free firewood available (you must split), please contact Scott for more details and to schedule a time to pick up.

<u>Design Review form:</u> Anything done to the outside of your home must be approved by our Design Review Committee. A form can be found on our website at www.preserveassociation.com (residents, information for buying and selling properties) or by contacting The Preserve. We would love to see photos of your finished projects, please email them to Cindy

<u>Trash Cans:</u> Please remember to put trash, recycling and yard waste cans away. Christmas Trees should be brought to the curb and not burned.

**Walking outdoors:** It is that time of year again where it gets darker earlier. Please stay safe and review these tips when out walking this winter: https://www.nhtsa.gov/road-safety/pedestrian-safety.

**Lifeguards, WSI's and Grounds Crew**: The Preserve is a wonderful place to work and a great summer job for HS and college students. Now taking applications for the 2025 season.

Preserve pool cards: Make sure you have your Preserve card for the pool and tennis/pickleball courts. Preserve cards can be picked up any time of year during our business hours T-F 8:30 am -4:30 pm. Please contact Cindy to schedule a time to pick up. A photo on the card is required and will be taken at the pool if you haven't had one taken. Do not throw your pool cards away.

They are permanent and used from year to year. There is a \$15.00 fee to replace them.

# Save The Date

- Clean Up Day/ Earth Day -- April 22nd
- 2025 Annual Meeting -- May 13th
- Garage Sale -- May 17th
- Session 1 swimming lessons -- June 16-26
- Summer Social -- August 8th, 9th and 10th
- Beach BBQ -- August 21st

Look for more information in our April Newsletter.



**YOGA- will be returning to The Preserve in April and May** 

### **Spring Yoga Program at The Preserve with One Eleven Yoga + Wellness**

Beginner Yoga 5:30 - 6:30 pm

Ready to dip your toes into yoga (or maybe do some serious stretching)? This class is perfect for newbies or anyone craving a slower, more accessible flow. Focus on building strength, balance, and flexibility, with a side of introductory poses to help you grow. You will leave feeling stronger, more relaxed, and totally ready to take on the world – one pose at a time. Drop in \$10 per class.

Advanced-Beginner/Intermediate Yoga 7:00 - 8:00 pm

Feeling ready to level up your practice? This vinyasa flow class will keep you moving with a bit more speed and challenge. We will focus on building strength and fluidity, while also exploring those fun "wow" poses like Crow, Warrior III, and Dancer. Expect a moderately challenging class that will leave you feeling both physically accomplished and mentally centered. Perfect for those looking to deepen their practice or for a fun challenge! Drop in \$10 per class.

Classes run Thursdays in April 3, 10, 17, 24 May 1, 8, 15, 22, 29 All levels welcome!

#### **Bike Clinic Rodeo- FREE WHEEL BIKES**

Sunday June 1st 1- 4pm FREE Mark your calendars and join the fun. Bring your bike for a free safety check and on the spot adjustments! Freewheel Bike and their "Ambassador of Good Times," Mario Macaruso, is bringing the Freewheel Mobile Repair Truck and a few of his friendly bike technicians to our parking lot! More information will be in the April Newsletter. Bike adjustments, demos and a bike tour will be planned.



# **Proudly Partnering With**



# **Friends of Eden Prairie Parks (FEPP)**

Friends of Eden Prairie Parks is a local volunteer-based nonprofit that serves parks and conservation areas in Eden Prairie. To see upcoming events and volunteer opportunities, visit the FEPP website.



#### **PROP**

PROP: If you have any canned goods or items you would like to donate, please drop them off at The Preserve.

Upcoming event Empty Bowls flier



# My Very Own Bed

My Very Own Bed is a local non-profit organization created to provide new beds, bedding, stuffed animals, and books to children and adolescents after experiencing homelessness or unstable housing. Once stable housing is established, many children still find themselves sharing a bed with parents or siblings or sleeping on the floor. My Very Own Bed was created to ensure that each child has their own bed to support healthy sleep and as a result, healthy learning and growth.

# FYI

# Tree removal on Anderson Lake Pkwy

The absence of ash: Tree removal reshapes Anderson Lakes Parkway

# By Joanna Werch Takes

A tree removal project to address infected ash trees along Anderson Lakes Parkway has dramatically altered the landscape.

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