



# The Preserve

— A S S O C I A T I O N

## Preserve Pathways Newsletter

Issue 3

July 2019

### Save the Date

Preserve board meetings:

Jul 10, 2019  
Aug 14, 2019  
Sept 11, 2019  
at 6:00 pm

Aqua Jogging,  
now- Labor Day

Crossfit,  
July 8

Beach Blast,  
July 20

Move in Rhythm,  
August 8

Beach BBQ,  
August 15

Santa event,  
December 15

### Office Hours:

**Mon - Fri**

**8:30 am -  
4:30 pm**

**Closed Sat/  
Sun**



## The Annual Preserve Beach Blast!

**Saturday, July 20<sup>th</sup>**

**10:00am-2:00pm**

**Dress as your favorite Pirate or Mermaid and come for all the games and fun!**  
**Mark your calendars so you don't miss this annual free event for kids of all ages.**

- Pool Games
- Tattoos
- Mermaid Hair
- Treasure Hunt
- Fishing Pond
- Relays
- Tug-of-War
- Diving Contest
- And More!

**Lunch will be available for purchase!**



## BBQ on the Beach

**Thursday August 15th, 6 to 8pm**

Join us for an adult gathering in the Adult Beach Area

- Hot Dogs & Brats will be provided with all the fixings
- Please bring a dish to share - no glass or ceramic containers
- Beer & wine are permitted for this event - again, no glass
- Pool will be open for swimming
- Please RSVP by August 9th



- **Summer is always a time of high need.**

**The Preserve Office is an official PROP drop off location so you are welcome to bring non perishable food items for the local emergency food shelf.**

## Reminders and Updates:

**Selling your Home:** Remember to contact The Preserve office. The new homeowner must be provided a resale disclosure certificate as well as our association documents prior to closing.

**Pickleball courts:** New this year: The pickleball nets are staying up on the courts. If you move the pickleball nets when playing tennis, please move back when you're finished playing.

**New this year:** The pool tags are permanent. **DO NOT THROW AT THE END OF THE SEASON.** You will keep the cards from year to year. There is a \$15.00 fee for lost cards.

**Check your trees for Emerald Ash Borer:** For more information, go to [www.rainbowtreecare.com](http://www.rainbowtreecare.com)

**Check out Facebook and our Website:** often for updates and events going on at the Barn

**Preserve Party room:** is a great place for parties. Dates fill up far in advance, contact us today to reserve a date.

**American Red Cross Swim Lessons:** Space is still available for session 3. July 29 -August 8 11:00 am Level 1-2 Preschool Aquatics 11:00 and 6:30- Level 2-6 Learn to swim.

**Private and Semi-Private lessons:** are still available. Email [cindy@preserveassociation](mailto:cindy@preserveassociation) if interested.

**Tennis:** On Mon, Wed, and Friday there is a 3.5 mixed doubles senior tennis group that play at 8:00 and 9:30 am and are looking to recruit new players. If interested, please email Andy Dizon at [AndyDiz@Q.com](mailto:AndyDiz@Q.com)

**Paths:** We resurfaced the walking paths near the pool and up over the hill past Granite Place Apartments.

**Buckthorn:** our grounds crew has been very busy removing buckthorn and planning for replanting.

**Watershed grant:** We have applied for a Stewardship Grant from the Riley Purgatory Bluff Creek Watershed District. This will cover 75% of our cost of planting native grasses and flowers around the pool where the Japanese Knotweed had taken over as well as transforming the grassy area near the brush pile into a natural habitat and pollinator garden.

## AQUA JOGGING AT THE PRESERVE POOL

Our new instructor this year is Tricia Corder. Tricia has been in the Health & Fitness industry for 27 years. She has taught most formats of Group Fitness, but has the most fun with her deep water aqua classes. She has the following certifications:

AFAA Certified Group Fitness Instructor, Certified Water in Motion Instructor, Certified Silver Splash Instructor, American Red Cross CPR/AED, First Aid Certified

*Class is in the Preserve Dive Pool on Mondays & Wednesdays 6:30-7:15 pm*

*Session 1: June 17–July 24 (NO CLASS ON JULY 3 OR July 22)*

*Session 2: July 29- Labor Day*

*\$30 for 5 class pass (non-member \$35)*

*\$55 for 10 class pass (non-member \$65)*

*Drop in fee: \$7.00 per class (non-member \$8)*

*Purchase passes in the office or on line at [Preserveassociation.com](http://Preserveassociation.com)*



## Move in Rhythm

**A Workshop for Couples, Thursday, August 8**

**Romance Your Rumba, 5:00-7:00pm**

Come to The Barn to learn partner dance that connects you to your natural rhythm and inspires more joy.

In this workshop, you will learn to incorporate 5 Mindful Moves™ with partner dance. The benefits include:

- enhanced rhythm and energy connection
- awareness of partnering blocks
- practice your non-verbal communication through partner dance
- engage tools for the “art of engagement” ... and dance into your best life!

Contact: Julie **Delene**, 612-598-5355, [www.move-as-one.com](http://www.move-as-one.com)

## Boot camp at the Preserve!

July 8<sup>th</sup> and 10<sup>th</sup> Crossfit UFFDA will be here doing 45 minute classes at 5:45 pm for free.

The following weeks from July 13<sup>th</sup> -August 2<sup>nd</sup> will be \$12/class or all sessions for \$80. Classes will be held Monday and Wednesday at 5:45 pm and Saturdays at 8:00 am.

Classes will be roughly 45 minutes in length which will include a 10 minute warm-up and a 20-30 minute workout.

For more information, go to our website and our Facebook Group with Crossfit UFFDA



## A Special Thanks to Wild Birds Unlimited

Jon Pletcher is the new owner of Wild Birds Unlimited and a resident in The Preserve. He had generously donated the feeder located near Neill Lake and the Volleyball court area. Jon is also an amateur photographer and has supplied us with a few shots from around The Preserve.

**Yellowthroat Warbler**



**Black & White Warbler**



**Yellow Warbler**



**Feeding Station**



The Preserve Association  
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Pkwy  
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www.preserveassociation.com

### July & August

#### Office Hours

Monday-Friday

8:30 am-4:30 pm

*Closed Sat/Sun*

### Preserve Board of Directors

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### Preserve Staff Members

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Cindy Fuchs  
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Kelly Lindquist  
Pool Manager



*GREETINGS FROM THE  
PRESERVE ASSOCIATION*

NON-PROFIT ORG  
US POSTAGE  
PAID  
PERMIT NO. 689  
Hopkins

## Preserve Garden Tour

Please contact the Preserve if you have a garden you are willing to show off. We are looking for residents interested in showing their garden along with residents wanting to tour gardens in the Preserve. We know the season is short and we would love to see all the beauty in the Preserve. More to come on time and date depending on the interest. email cindy@preserveassociation if you are interested.

